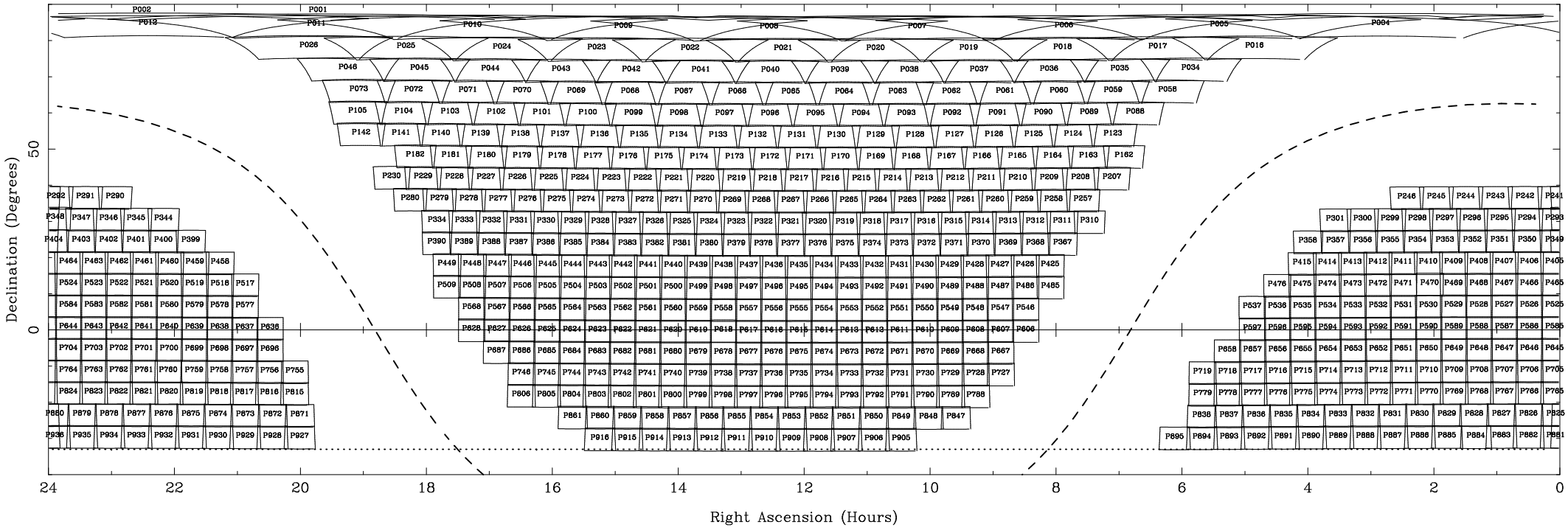Minnesota Automated Plate Scanner (MAPS) Catalog of the POSS I Coverage